

ALL Lectures Schedule: Aug- Nov 2024

Lectures are held in person on Fridays at 2pm AND also streamed live from Tallent Hall, Room L182 (See below for dates). The lectures will continue to be announced via email the week before and then the day before with details on the talk, the online link if you are logging in from somewhere and instructions for accessing them. **You do not need to register.**

August 2, 2024: Exercise for Senior's Health

Jeffrey A. Damaschke PT, DPT, PhD, Lifestyle Medicine Department, Rosalind Franklin University of Medicine and Science (*coordinated by Mike Thompson*)

This is a continued discussion on how Lifestyle Medicine can really improve your health and wellness. But don't fear, if you have not been to our previous presentations, you will still be able to attend this informational session. During our time together, we will discuss the GREAT benefits that physical activity has for our physical and mental health. We will look at how increasing our physical activity or moving more can also improve our overall health and wellness. We will then examine different ways to move and how much we should move each day. Moving more is one of the key pillars to living healthier and well! We hope to see you there!

Dr. Damaschke's clinical practice has been performing primary musculoskeletal care and prevention, health promotion and wellness within the United States Navy for 20 years. He currently practices at the Rosalind Franklin University Health Clinic performing sports/orthopedic and neurologic physical therapy. Dr. Damaschke is a Board Certified Orthopedic Clinical Specialist through the American Board of Physical Therapy Specialties. He currently serves as the Speaker of the Assembly for the Illinois Physical Therapy Association, is on the Board of Directors, and is an Illinois delegate to the American Physical Therapy Association House of Delegates.

Dr. Haag joined the faculty of Rosalind Franklin in 2019. In her roles at Rosalind Franklin, she will be acting as the physical therapy faculty liaison for the Interprofessional Community Clinic, and teaching in the College of Health Professions. Dr. Haag graduated from Marquette University in 2002 with a Master of Physical Therapy. She went on to complete Doctor of Physical Therapy and Master of Science in Women's Health from Rosalind Franklin University in 2008. Dr. Haag has pursued an interest in treating the spine, pelvis with a specialization in women's and men's health, becoming a Board-Certified Women's Health Clinical Specialist in 2009 and Certification in Mechanical Diagnosis Therapy from the McKenzie Institute in 2010.

August 16, 2024: Power Re-imagined through DeltaHawk Innovation

Nikhil Daniels (*coordinated by Larry Gregg*)

Racine has a strong history of innovative, independent companies, founded in technology. In the 1990's, a small group of Racine-located people with aviation and technology backgrounds created DeltaHawk, a company based on a new concept for small aircraft engines. Now these engines are FAA approved and in production. They feature easy operation, exceptional

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reliability and safety, low cost, environmentally clean technology, and outstanding performance. Our speaker Nikhil Daniels, Technical Sales Engineer for DeltaHawk, located in Racine, will discuss his company's history, products, and current activities.

Speaker Bio: Hello ALL! My name is Nikhil Daniels. I graduated with a Mechanical Engineering degree from the University of Wisconsin-Milwaukee, and I have a passion for technology, aviation, business, and sales. During my college experience, I was fortunate to study abroad in Bamberg, Germany for a semester, as well as complete an international co-op program in Taiwan. After college, I had the opportunity to start and grow my own e-commerce business during the pandemic. Now, as the Technical Sales Engineer at DeltaHawk engines, I discuss our products with customers, help them improve their airframe with our solution, and act as a bridge between the technical team and our customers.

September 6, 2024: Neanderthals: Co-Human and Religious?

*Thomas Hughson, emeritus in the Theology Department at Marquette University
(coordinated by Don Cress)*

The presentation draws on my book, Neanderthal Religion? Theology in Dialogue with Archaeology, due out from Wipf & Stock in June 2024.

1. Archaeology and genetics have generated a new, more positive image of Neanderthals that poses anew the question, what does it mean to be human? A question of interest to theology too. Archaeological discoveries have been non-logical when no methodical thought guides discovery of artifacts, fossils, or traces of material culture (quarry in Neander Valley, Bruniquel Cave) and logical when a hypothesis guides where to look and what to look for. Empirical data then becomes evidence in reference to a hypothesis.
2. Humanistic interpretation in archaeology and paleoanthropology building on scientific analysis of artifacts, fossils, and traces, seeks their human meaning. Sufficient evidence of Neanderthal co-humanity has led to archaeological and paleoanthropological hypotheses on Neanderthal religion (understood to arise in religious experience and feeling).
3. Accepting Karl Jaspers' Axial Age thesis, I assemble archaeological evidence for a theological conjecture: Neanderthal religiosity was animist and consisted in reverence for human and more-than-human being-alive in a web of interconnected life-forms of all observable sorts.
4. Neanderthal religion exemplifies 'early revelation' of God through creation prior to, for example, biblical Noah and Abraham but continuing in experience of nature.

Thomas Hughson, emeritus in the Theology Department at Marquette University, taught undergraduate and graduate students from 1979–2010, with a period of service as religious superior and acting Dean at the Pontifical Biblical Institute-Jerusalem from 1986–89. Author and/or editor of ten books, since 'retiring' in 2010 he has published 23 articles and chapters. His theological method is Interdisciplinary. A 2013 book, Connecting Jesus to Social Justice: Classical Christology and Public Theology, engaged theology with philosophy and sociology,

September 20, 2024: Intro to Educational Opportunity Center (EOC)

Sandy Dieck, UWP/EOC (coordinated by Vanessa Moravec)

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The EOC is a newer, grant-funded program housed at UWP. The presentation will explain the intent of the program, the free services provided and share info on how ALL members can support or use the program.

Sandy Dieck (Deek) is a lifelong resident of southeastern Wisconsin. She resides in Mount Pleasant with her husband, 2 adult children and 4 pets. She graduated from UWP w/ a degree in history & earned a master's degree in education. She spent nearly 20 years in front of students as a high school social studies teacher before transitioning to her current role.

October 4, 2024: TBA

October 18, 2024: Braver Angels

Cameron Swallow,
(coordinated by Carol Lee Saffiotti-Hughes)

November 1, 2024: The Great Storm 1913

Ron Luttrell, Maritime Historian *(coordinated by Judy Roehrich)*

TBA

Mr. Luttrell is the Keeper and Historian of the Southport Lighthouse Museum in Kenosha. In April of this year, he presented to ALL a lecture on famous shipwrecks of the Great Lakes, including their most famous shipwreck, the Edmund Fitzgerald (mainly because of the time of her sinking and the Gordon Lightfoot song), and “the spookiest of shipwrecks, the Lady Elgin.” His April talk was virtual, on zoom. This talk will show and discuss famous Lighthouses, on the Great Lakes and on our seacoasts. It will be live, which should facilitate questions and discussion.

November 15, 2024: TBA