

# ALL Lectures Schedule: Jan- May 2024

**UPDATED: 4/22/24**

Lectures are held in person on Fridays at 2pm AND also streamed live from Tallent Hall, Room L182(See below for dates). The lectures will continue to be announced via email the week before and then the day before with details on the talk, the online link if you are logging in from somewhere and instructions for accessing them. **You do not need to register.**

**January 12, 2024: \*Rescheduled to 1/19/24**

**January 19, 2024: “Present and future developments in Kenosha as well as a reflection on past events that have occurred”**

**John Antaramian, Mayor of Kenosha, WI**

*(coordinated by Meredith Clubb)*

Mayor Antaramian, a University of Parkside graduate, served in the Wisconsin State Assembly for ten years until becoming mayor of Kenosha in 1992, serving until 2008 when he retired to start a consulting business. He was re-elected mayor in 2016.

**February 2, 2024: \*Rescheduled to 2/16/24**

**February 16, 2024: Investing in Kenosha’s Legacy: KPL Kids Library is a Beacon of Success**

**Brandy Cummings, Kenosha Public Library’s Assistant Director**

*(coordinated by Doris Nice)*

Join Brandi Cummings, Kenosha Public Library’s assistant director, as she shares more about the upcoming KPL Kids Library project and why community support is paramount to the success of future generations.

Brandi Cummings is the Assistant Director at the Kenosha Public Library and has an unwavering commitment to fostering environments of inclusivity, belonging, and empathy. With nearly twenty years of community-building experience, she understands that the key to success lies in building robust social infrastructure. She believes that public libraries are essential to thriving communities. She is particularly interested in developing strategies that combat social isolation and loneliness. Brandi holds an MBA focusing on Human Resources and is pursuing her MLIS.

**March 1, 2024: GROW Racine**

**Mayor Cory Mason of Racine**

*(coordinated by Carol Lee Saffiotti-Hughes)*

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Growing Residents' Opportunities and Wealth! GROW Racine wants to help our residents earn their high school degree, start family-supporting jobs in the trades, become homeowners, and repair and improve their houses. Click here for more information: <https://www.growracine.org/>

Cory Mason is a fifth-generation Racine, Wisconsin resident who has spent more than 18 years representing the residents and businesses of his hometown, first as a member of the Wisconsin State Legislature and now as Mayor. First elected in 2006 to the Wisconsin State Assembly, Mason went on to be re-elected for five additional two-year terms. In 2017 he won a special election to serve as Racine's 61st Mayor. As Mayor he has spurred the city's first major economic development in nearly 25 years. In 2023 he was re-elected to his second full four-year term.

## **March 15, 2024: Zumba for Seniors**

Norma Castillo-Radzick, J & N Ultra Fitness Studio  
(coordinated by Vanessa Moravec)

Come join us and learn about Zumba theory and learn a few basic moves to Salsa, merengue, Cha Cha, and Cumbia for Seniors.

Zumba Instructor 15 years, Group Fitness instructor 24 years Currently teaching Zumba, Zumba Toning, Strong Nation HIIT TRAINING, CIRCL MOBILITY and Core Strength.

## **April 5, 2024: Connecting Eating Better and Moving More to Live a Healthier and Longer Life!**

Jeffrey A. Damaschke PT, DPT, PhD, Lifestyle Medicine Department, Rosalind Franklin University of Medicine and Science  
(coordinated by Mike Thompson)

We will discuss the possible ways to improve our eating patterns to assist in eating healthier, more nutrient dense foods. We will also examine the effects healthier eating can have on our overall health and how it can assist us in preventing and treating chronic diseases like cardiovascular disease, type 2 diabetes, high blood pressure and cancers. We will also look at how increasing our physical activity or moving more can also improve our overall health and wellness. We will look at different ways to move and how much we should move each day. Better eating and moving more are the two key pillars to living healthier and well in the new year!

Dr. Damaschke's clinical practice has been performing primary musculoskeletal care and prevention, health promotion and wellness within the United States Navy for 20 years. He currently practices at the Rosalind Franklin University Health Clinic performing sports/orthopedic and neurologic physical therapy. Dr. Damaschke is a Board Certified Orthopedic Clinical Specialist through the American Board of Physical Therapy Specialties. He currently serves as the Speaker of the Assembly for the Illinois Physical Therapy Association, is

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on the Board of Directors, and is an Illinois delegate to the American Physical Therapy Association House of Delegates.

## **April 19, 2024: History of Racine**

Christopher Paulson, Executive Director, Racine Heritage Museum  
(coordinated by Don Cress)

We will learn about the origins and development of Racine / Racine County as a Midwest crossroads community, its early success in wheat production and shipping and ultimate success as a globally significant manufacturer as influenced by multiple waves of migration to the area, with unmatched diversity in both its population and its manufactured output.

Christopher R. Paulson serves as the Executive Director of the Racine Heritage Museum. He has served at the Museum since 1989 and assumed the position of Executive Director in 1999. Chris received a BA in Anthropology-Sociology from the University of Wisconsin-Parkside in 1990 and a master's degree in Museum Studies from Oklahoma University in 1995.

## **May 3, 2024: Halo Homeless Shelter of Racine**

Holly Anderle  
(coordinated by Judith Roehrich)

This talk will discuss root causes of homelessness, resources available, and specifically how the Homeless Assistance Leadership Organization (HALO) works with those experiencing homelessness to help them achieve self-sufficiency and housing stability.

A former US Army officer, Rev. Holly Anderle has been involved in working with those experiencing hunger, homelessness, and poverty in the Racine community for over 30 years. She was instrumental in opening and running the Segue Homeless Overnight Shelter Taskforce (HOST) in 2015, and has been closely involved with the Homeless Assistance Leadership Organization (HALO) Board of Directors since 2017. Since September 2021, she has been the Executive Director of HALO. Rev. Anderle also serves as pastor of First Baptist Church of Racine, and as the Director of the Monday Night Hot Meal program, a free community meal that provides a nutritious dinner to all in need each Monday night.

## **May 17, 2024: Get Onboard The Racine County Underground Heritage Tour**

Pauline Mitchel  
(coordinated by Judith Roehrich)

Pauline Mitchell conducts a Racine County Underground Railroad excursion, a powerful journey that unearths the harrowing lives, struggles, and sacrifices of those fighting for freedom from the chains of slavery. Experience the courageous path of Joshua Glover and other enslaved individuals as they risked their lives to escape to safety. Discover several unknown landmarks that bear witness to America's cruel history, stark reminders of the atrocities and injustices endured by millions. Brace yourself for eye-opening accounts that challenge your understanding of our nation's past and compel you to take actions toward creating a better

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future for ALL people. This immersive experience will leave you shaken and enlightened, providing a platform to learn, share, and reflect on many untold stories of the Underground Railroad era precisely here in North America.

Pauline G. Mitchell, earned her B.S. degree in mathematics from Paine College, Augusta, GA followed by a M.A.T. degree from Stanford University in Palo Alto, CA. After teaching mathematics and science in several school districts in Georgia, she and her husband migrated with their family to Racine Wisconsin toward the end of the 1960's Civil Rights Movement.

Mrs. Mitchell, a founding member of the Professional Women's Network for Service, Inc. has conducted several education-related projects, exclusive of the current Underground Railroad Project; and has conducted seminars and delivered presentations at conferences designed to impact viewer awareness of gifts, dignity, belonging, uniqueness, and beauty.

## **June 14, 2024: 1968 Democratic Convention in Chicago**

Prof. Brian Mullgardt, Millikin University  
*(coordinated by Judith Roehrich)*

This lecture will focus on grassroots activism in Chicago in the months and years prior to the 1968 Democratic National Convention and Yippie "Festival of Life" as well as assess the impact of this national event at the local level.

Brian Mullgardt is a Professor of History at Millikin University in Decatur Illinois. He is also the Director of the School of Social Sciences. Prior to joining Millikin he was a teacher and department chair at the Prairie School in Racine, Wisconsin, and a lecturer at UW-Parkside.